

guys getaway

DAY 1 | TEE TIME OR TROUT'N

After settling into The Cedar House Sport Hotel, head out for a round of golf at one of Tahoe's premier world class greens or meet our favorite Trout Fishing guide for tactics to landing a giant Brown. Tell your fish stories over drinks and a hearty meal at one of downtown Truckee's many eateries.

DETAILS: There are many golf courses to choose from, please see the full list in your newsletter in your room, here are a few:

Old Greenwood Nestled among 600 acres of towering pines and surrounded by beautiful mountain vistas lays Old Greenwood, 18 holes of perfection courtesy of Jack Nicklaus. For the past 40 years, Jack Nicklaus has been revered for his work on the links and now, for his designs of them. Jack Nicklaus Signature Courses have received Jack's highest level of personal attention. Old Greenwood was rated No. 4 among America's finest new "Upscale Public Courses" by Golf Digest in 2005. And Golf Magazine rated it one of the 10 Best New Public-Access Courses in the Country (February 2005).

Phone: 530.550.7010 Driving Time/ Distance: 9 minutes/ 4.7 miles

Coyote Moon is one of the finest mountain golf experiences in the country, and with good reason. The course sits on 250 acres of secluded rolling hills, majestic pines, and wildflowers. Without a single house to spoil your view, playing Coyote Moon Golf Course offers an experience seldom found in golf today. Spectacular scenery, tremendous weather, quality service, and a phenomenal golf course are all located quite naturally in the Sierra.

Phone: (530) 587- 0886 Driving Time/ Distance: 8 minutes/ 3.5 miles

We send all our guests to fish with Brian from Four Seasons Fly fishing, he is usually out fishing during the day, so just leave a message on his phone and he will call you back promptly. Or let us setup a day of fishing with him for you.

There are lots of great choices for dinner in Truckee:

Restaurant Trokay (Dinner) 530.582.1040 New American small restaurant, excellent food and coffee.

Truckee Tavern & Grill (Dinner) 530.587.3766 Wood fire cuisine featuring local grown produce and meats .

Bar of America (Lunch/Dinner) 530.587.2626 Northern CA cuisine, live music, large bar area, strong drinks

Moody's Bistro | Bar & Beats (Lunch/Dinner) 530.587.8688 Northern CA cuisine, live music, Tapas and drinks.

Pianeta Ristorante (Dinner) 530.587.4694 Cozy northern Italian Restaurant, with homemade pasta. Full Bar.

It is advised for all these restaurants to make reservations ahead of time, which we can setup for you.

DAY 2 | BIKES AND BREWS

Rent mountain bikes and ride any one of Tahoe's world-renowned trails. Check out the Flume Trail on Lake Tahoe's East Shore or Hole in the Ground on Donner Summit. Reward yourself with a dip in Lake Tahoe or Donner Lake and visit to one of Tahoe's microbreweries such as Tahoe Brewing Company in Tahoe City or FiftyFifty Brewing Company just down the street in Truckee. Enjoy a boy's night out at the Crystal Bay Club on the North Shore for live music or gaming.

DETAILS: The Flume Trail is located on the East shore of Lake Tahoe, it is ranked as one the most scenic mountain bike trails in the world. There is a bike rental shop, café and shuttle pick up at Tunnel Creek station. It is easiest to park your car here, rent your bike and hop on the shuttle that will take you to the start of the trail. Then you can just ride back to your car. The shuttle runs every hour on the half hour from 8:30am (midweek), 9:30am (weekend) until 1:30pm. The cost is \$10 if you rent your bike there or \$15 if you bring your bike. All rentals include helmet, pump, spare tube, and water bottle. It is best to reserve your rental bike and the shuttle ahead of time as they do sell out in the busy summer months.

To get there: go right out of our driveway onto Brockway road. Turn right onto 267 at the light, stay on 267 until you reach Lake Tahoe then turn left onto 28. Stay on 28 past Incline Village. Tunnel Creek station is on the left hand side shortly after to exit Incline Village.

After riding the trail head over to Sand Harbor to enjoy the beach and take a swim in the lake. Turn left out of the tunnel creek station onto 28, follow 28 until you see the signs for Sand Harbor on the right. The first parking lot is the boat launch area, continue to the next one.

The Hole in the Ground trail is both fun and challenging. It has a bit of everything including steep climbing, technical downhill sections, beautiful lakes, nice smooth single-track, and some dirt and paved road riding. The trail is well marked and exceptionally well maintained. It is popular and receives a fair amount of traffic, especially on weekends. The length and vertical gain are in the immediate range of difficulty. Turn left out of our driveway and head towards downtown Truckee, turn left onto Donner Pass Road then turn onto Interstate 80. Exit Interstate 80 at Soda Springs. From the off-ramp, turn right (north) and then make the immediate right turn. Look for a sign board on the left side of the street where a trail intersects this road. This is the END of the ride. To avoid a few miles of road riding, shuttle a car to the Boreal Exit. Park on the road to the north of the freeway. After the ride drive down scenic highway 40/Donner Pass Road towards Donner Lake. Stop at West End Beach or any of the docks to relax in the sun and cool off in the lake. Fifty Fifty Brewing is located a short walk from the hotel. Cross the street and head right on the paved path, the brewery will be on the left.

DAY 3 | PEAKS AND PADDLES

Rise early for breakfast and climb a peak on Donner Summit or Tahoe's West Shore. If playing on the water is more your speed, rent kayaks at Sand Harbor on Tahoe's east shore and paddle to some of the most beautiful coves and beaches on the Lake.

Hike the Mountain Judah loop: The Mt. Judah loop trail is accessed off the Pacific Crest Trail south of old Hwy. 40. Take Donner Pass Rd all the way to Donner Lake, Donner Pass Rd will go along the lake to the end of the lake and will then turn into Hwy. 40, which will go uphill. At the top of the summit, you will pass the Sugar Bowl Academy, turn left after the Sugar Bowl Academy onto the gravel parking lot. From there a paved road goes downhill—follow the road to the parking lot for the PCT.

Description: The PCT south starts by climbing steeply up a granite headwall then flattens and follows the contours of the mountain, climbing moderately. Approximately one-mile from Donner Pass, turn left onto the Judah loop trail. The trail gently climbs to an existing jeep road near Coldstream Pass (between Mt. Judah and Donner Peak). Turn left onto this scenic jeep road and follow the trail which loops back onto the PCT.

Or Hike up to Martis Peak: Turn right on Brockway road, turn right on 267, Follow 267 over the Brockway Summit, after the top of the Summit— Elevation sign— there is a sharp turn—right after the turn you will see a small parking lot on the right. Across from parking lot— there is a forestry road, which leads up to an alternative smaller parking lot next to the trail head – suggested for dog owners— so you don't have to cross the busy street. If you choose to drive up the forestry road, it is best to have a 4wd. The Trailhead is at the left hand corner of the parking lot.

Description: This segment of the Tahoe Rim Trail is prized for its spectacular windswept vistas of Lake Tahoe, the Sierras and the Carson Range. The trail climbs away from Brockway Summit for several miles and into Tahoe National Forest's thick and fragrant stands of pine, fir, and tobacco brush. You WILL HAVE LAKE VIEWS RIGHT FROM THE START OF YOUR HIKE. After approx. 1 mile, the trail splits and Spur View trail will go off to the left. This trail will take you to a beautiful overlook (as seen in picture above). With a little imagination, the rock formation at the top looks like three Indian heads— one looking straight at the lake and the other two to the right and the left. Some say they are guarding Lake Tahoe. The rocks are a great spot to sit down, have a snack, and enjoy the beautiful view. Go back to the junction and continue on the TRT towards Martis Peak. If you prefer the water activity drive back over to Sand Harbor (see directions on Day 1) and rent a kayak or paddleboard at the concession. It is advised to reserve the rental 1 day in advance as they tend to sell out. From Sand Harbor paddle left towards the Thunderbird Lodge, on your way there stop at one of the small hidden beaches on your left for some sun bathing and swimming.