



Tahoe Winter Dogcation:

At The Cedar House Sport Hotel four legged travelers are welcomed as eagerly as their two legged companions. K9s who love the outdoors will find plenty of room to roam on hundreds of miles of hiking trails and logging roads that provide access to some of Lake Tahoe's most spectacular scenery. The following is a suggestion on winter hikes/snow shoe hikes and dog friendly places which indicate you're definitely not barking up the wrong tree when visiting The Cedar House Sport Hotel.

Walking your dog:

There are a couple of trails close to the hotel that are plowed in the winter:

- The Legacy trail, which starts right across the street from the hotel, goes down to the Regional Park and then along the river for about 5 miles.
- The Martis Dam Rd, a quick 5 min. drive from the hotel just past the Truckee Airport. This road is closed to cars in the winter and is a nice 4.5 mile in and out walk with great panoramic views of Northstar and the Donner Pass Mountain Range.

Snowshoeing:

Snowshoeing is a great way to explore the snow covered hiking areas with your dog in tow. Snow shoeing is a great workout as you need to involve your entire body. If you have never done it or don't own snowshoes, don't worry we rent them at the front desk and will show you how to use them.

Some trail suggestions are:

- Brockway Summit to Spur View Trail, this trail is on the famous Tahoe Rim Trail that goes once around the lake. It is a short 12 min. drive from the hotel to the trailhead. The trail is about 3 miles roundtrip, you have great lake views on this trail right from the start as you snowshoe up to an overlook from where you have great 180 degree views of lake Tahoe.
- Coldstream Canyon and Donner Memorial State Park. This area is about a 10 minute drive from the hotel and offers several great options to snow shoe, you can choose between 1.8 and 2.9 mile loop trails that are easy to find. The area is mainly leveled and is very picturesque and peaceful as you walk through trees and along the shore of Donner Lake.

Tips for your dog in the snow:

Just remember not all dogs are built for the snow. Dog coats/sweaters may look funny but serve as great protection for your indoor dog in the snow. Short-haired dogs and small breeds can easily get cold just like us. Snow and ice melting chemicals can irritate your dogs paws and pads. Be careful that your dog never eats or drinks any salt or antifreeze off the walkways. Dog booties will protect their feet from snow and allow for more play time. If your dog doesn't like boots you can try Vaseline or products like "pawguard" which protects the paws from getting dry or cracked from ice and snow. If you have a long-haired dog, trimming the hair between their pads will reduce the ice accumulation.

Never use hairdryers or space heaters to dry your dog as they can burn and irritate their skin. Dogs can get frostbite and hypothermia, too.

Tip to keep your dog warm in the car:

Bring a hot water bottle that you stick underneath your dogs bed in the car, or purchase a microwaveable bed warmer for dogs (google: dog heating disc), which stays warm for up to 12 hours. This way your dog stays warm if you have to leave him/her for a while in the car in the winter.